

Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: (Home) _____ (Work) _____

Course Title	Day	Time	Start Date	Location	Fee
TOTAL:					

Release and Consent: Students taking Mosinee Community Education courses are required to sign this form releasing the Mosinee School District from liability for injury or loss. Each student is expected to procure their own personal insurance coverage or to otherwise be responsible for any injury or loss. The undersigned hereby agrees to release the Mosinee School District and all of its trustees, instructors, agents, contractors, and/or employees from any and all liability or claim for loss or damage including costs, expenses, and attorney fees arising from any actual or alleged property damage or loss or any personal injury including death, directly or indirectly arising from any activities which are undertaken from:

Signature: _____ Date: _____

Mail to: Mosinee Community Education • 1000 High Street • Mosinee, Wisconsin 54455
Questions or For More Information: mpozorski@mosineeschools.org



– January - May 2025 –

Community Education Offerings

Mosinee Community Education is interested in hearing from community residents about classes/activities they would like to see offered. If you have ideas about new programs or suggested changes to existing programs, please contact Community Education at 715-693-2550, Ext. 3696.

Everyone Learns... Everyone Teaches

Consider teaching a Mosinee Community Education class. Everyone has a special skill or talent they can share with others. Teaching certification not required. Please call 715-693-2550, Ext. 3696.

For More Information:

Michelle Pozorski,
Mosinee Community Education
715-693-2550, Ext. 3696
mpozorski@mosineeschools.org
mosineeschools.org/community

Mosinee Community Education

CLASS SCHEDULE

– January –

Monday, Jan. 6	Beginners Yoga	5:30pm - 6:30pm
Wednesday, Jan. 8	Beginners Yoga	7:00pm - 8:00pm
Saturday, Jan. 11	Zumba	9:00am - 10:00am
Tuesday, Jan. 14	Strength Training for 50+	3:30pm - 4:30pm
Thursday, Jan. 16	Strength Training for 50+	3:30pm - 4:30pm
Monday, Jan. 20	Beginners Yoga	5:30pm - 6:30pm
Tuesday, Jan. 21	Beginners Knitting	6:00pm - 8:00pm
Wednesday, Jan. 22	Beginners Yoga	7:00pm - 8:00pm
Saturday, Jan. 25	Zumba	9:00am - 10:00am
Thursday, Jan. 30	Mini Memory Quilt Ornaments	6:00pm - 8:00pm

– February –

Saturday, Feb. 1	Zumba	9:00am - 10:00am
Monday, Feb. 3	Beginners Yoga	5:30pm - 6:30pm
Wednesday, Feb. 5	Beginners Yoga	6:00pm - 7:00pm
Thursday, Feb. 6	Beginners Basket Coiling	6:00pm - 8:00pm
Thursday, Feb. 6	Valentine Dessert Experience	6:00pm - 8:00pm
Tuesday, Feb. 11	Acrylic Painting - Valentine's Day Painter's Choice	5:00pm - 7:00pm
Thursday, Feb. 13	Basket Coiling II	6:00pm - 8:00pm
Saturday, Feb. 15	Zumba	9:00am - 10:00am
Tuesday, Feb. 18	Beginners Crochet	6:00pm - 8:00pm
Thursday, Feb. 20	DIY Doormat	6:00pm - 9:00pm
Tuesday, Feb. 25	Strength Training for 50+	3:30pm - 4:30pm
Wednesday, Feb. 26	Mindset Mastery	6:00pm - 8:00pm
Thursday, Feb. 27	Strength Training for 50+	3:30pm - 4:30pm

– March –

Saturday, Mar. 1	Zumba	9:00am - 10:00am
Monday, Mar. 3	Beginners Yoga	5:30pm - 6:30pm
Wednesday, Mar. 5	Beginners Yoga	6:00pm - 7:00pm
Thursday, Mar. 6	Needle Felt Animals	6:00pm - 8:00pm
Tuesday, Mar. 11	Acrylic Painting - Tropical Scene Painter's Choice	5:00pm - 7:00pm
Wednesday, Mar. 12	iPhone Basics	6:00pm - 7:30pm
Thursday, Mar. 13	Needle Felt Landscapes	6:00pm - 8:00pm
Saturday, Mar. 15	Zumba	9:00am - 10:00am
Tuesday, Mar. 18	Crochet II	6:00pm - 8:00pm

– April –

Saturday, Apr. 5	Zumba	9:00am - 10:00am
Tuesday, Apr. 8	Adult Golf Lessons	5:30pm - 6:30pm
Thursday, Apr. 10	Beginners Spinning	6:00pm - 8:00pm
Tuesday, Apr. 15	Strength Training for 50+	3:30pm - 4:30pm
Tuesday, Apr. 15	Acrylic Painting - Spring Theme	5:00pm - 7:00pm
Thursday, Apr. 17	Strength Training for 50+	3:30pm - 4:30pm
Thursday, Apr. 17	Cooking with Lavender	6:00pm - 8:00pm
Thursday, Apr. 24	Ahlstrom Paper Mill Tour	2:00pm - 4:00pm
Saturday, Apr. 26	Zumba	9:00am - 10:00am

– May –

Saturday, May 3	Zumba	9:00am - 10:00am
Tuesday, May 13	Acrylic Painting - Floral Painter's Choice	5:00pm - 7:00pm

*** Complete class descriptions inside. ***

Pre-registration is required no later than one week prior to class. We reserve the right to cancel any program due to insufficient enrollment.

CLASS DESCRIPTIONS

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

Date: Monday, January 6

Time: 5:30pm - 6:30pm

Location: Yoga Room **Fee:** Free

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Dates: Wednesday, January 8

Time: 7:00pm - 8:00pm

Location: Yoga Room **Fee:** \$12

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

Date: Saturday, January 11

Time: 9:00am - 10:00am

Location: MHS Cafeteria **Fee:** Free

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, January 14

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, January 16

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Date: Monday, January 20

Time: 5:30pm - 6:30pm

Location: Yoga Room **Fee:** \$12

Beginners Knitting - 1 Session

Learn the basics of knitting.

***Size 8 needles and one skein worsted yarn required.**

****Payment collected at class.**

Date: Tuesday, January 21

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$20

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Dates: Wednesday, January 22

Time: 7:00pm - 8:00pm

Location: Yoga Room **Fee:** \$12

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, January 25

Time: 9:00am - 10:00am

Location: MHS Cafeteria **Fee:** \$10

Mini Memory Quilt Ornaments

1 Session

Learn to make a mini memory quilt ornament. Bring in scraps of fabric, or use supplied fabric. All other supplies provided.

***Basic hand sewing skills required.**

****Payment collected at class.**

Date: Thursday, January 30

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$25

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, February 1

Time: 9:00am - 10:00am

Location: MHS Cafeteria **Fee:** \$10

Beginners Yoga - 3 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Start Date: Monday, February 3

Time: 5:30pm - 6:30pm

Location: Yoga Room **Fee:** \$25 or \$10 drop in

Beginners Yoga - 3 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Start Date: Wednesday, February 5

Time: 6:00pm - 7:00pm

Location: Yoga Room **Fee:** \$25 or \$10 drop in

Beginners Basket Coiling

1 Session

Learn the basics of basket coiling. All supplies provided.

***Payment collected at class.**

Date: Thursday, February 6

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$30

Valentine Dessert Experience

1 Session

Join this hands-on class and make a Valentine dessert. All supplies provided.

***Monies will be donated to the MHS Foods Dept.**

Date: Thursday, February 6

Time: 6:00pm - 8:00pm

Location: MHS Room 404 **Fee:** \$20

Acrylic Painting - 1 Session

Create a Valentine's Day print – choose from several options. All supplies provided.

Date: Tuesday, February 11

Time: 5:00pm - 7:00pm

Location: MHS Cafeteria **Fee:** \$35

Basket Coiling II - 1 Session

Take baskets to the next level with pattern and color.

***Beginners Basket Coiling required.**

****Payment collected at class.**

Date: Thursday, February 13

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$30

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, February 15

Time: 9:00am - 10:00am

Location: MHS Cafeteria **Fee:** \$10

Beginners Crochet - 1 Session

Learn the basics of crochet and make a dish cloth.

***Size H crochet hook and a skein of worsted weight cotton yarn (Lily's Sugar and Cream yarn or similar) required.**

****Payment collected at class.**

Date: Tuesday, February 18

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$20

DIY Doormat - 1 Session

Paint your own doormat in this workshop. Design choices: "Hello" / "Last Name" / "Wipe Your Paws" / "Hello Sunshine". Mats are solid core and measure 30" x 18".

***Register by 2/10/25. Class minimum of 10.**

Date: Thursday, February 20

Time: 6:00pm - 9:00pm

Location: MHS Cafeteria **Fee:** \$37

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, February 25

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Mindset Mastery - 1 Session

Unlock the power of positivity for personal growth.

***Register by 2/19/25. Class minimum of 5.**

****Payment collected at class.**

Date: Wednesday, February 26

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$15

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, February 27

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, March 1

Time: 9:00am - 10:00am

Location: MES Gym **Fee:** \$10

Beginners Yoga - 4 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

Start Date: Monday, March 3

Time: 5:30pm - 6:30pm

Location: Yoga Room **Fee:** \$35 or \$10 drop in

Beginners Yoga - 4 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

***Payment collected at class.**

****Note: The 3rd class will be on Tuesday, March 18, NOT Wednesday, March 19.**

Start Date: Wednesday, March 5

Time: 6:00pm - 7:00pm

Location: Yoga Room **Fee:** \$35 or \$10 drop in

Needle Felted Animals - 1 Session

Needle felt a 3D animal. All supplies provided.

***Payment collected at class.**

Date: Thursday, March 6

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$25

Acrylic Painting - 1 Session

Create a Tropical theme print – choose from several options. All supplies provided.

Date: Tuesday, March 11

Time: 5:00pm - 7:00pm

Location: MHS Cafeteria **Fee:** \$35

iPhone Basics - 1 Session

Learn to use the functions of your iPhone and get help with your questions.

***iPhone users only. No other platforms will be covered.**

Date: Wednesday, March 12

Time: 6:00pm - 7:30pm

Location: Creske Library **Fee:** \$5

Needle Felted Landscapes

1 Session

Needle felt a small landscape portrait.

All supplies provided.

***Payment collected at class.**

Date: Thursday, March 13

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$25

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, March 15

Time: 9:00am - 10:00am

Location: MES Gym **Fee:** \$10

Crochet II - 1 Session

Learn to make granny squares.

***Class requires basic skills, size H crochet hook and worsted yarn.**

****Payment collected at class.**

Date: Tuesday, March 18

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$20

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, April 5

Time: 9:00am - 10:00am

Location: MES Gym **Fee:** \$10

Adult Golf Lessons - 5 Sessions

Personalized golf lessons from the staff at Indianhead Golf Course. All levels welcome.

***Golf clubs required.**

Start Date: Tuesday, April 8

Time: 5:30pm - 6:30pm

Location: Indianhead Golf Course **Fee:** \$45

Beginners Spinning - 2 Sessions

Learn how to use a drop spindle and make your own yarn to take home. All supplies provided.

***Register by 3/27/25.**

Start Date: Thursday, April 10

Time: 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$60

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, April 15

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Acrylic Painting - 1 Session

Create a Spring theme print. All supplies provided.

Date: Tuesday, April 15

Time: 5:00pm - 7:00pm

Location: MHS Cafeteria **Fee:** \$35

Strength Training for 50+

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, April 17

Time: 3:30pm - 4:30pm

Location: MSD Fitness Center **Fee:** Free

Cooking with Lavender

1 Session

Learn to cook with lavender and bring excitement to many recipes. All supplies provided.

***Monies will be donated to the MHS Foods Dept.**

Date: Thursday, April 17

Time: 6:00pm - 8:00pm

Location: MHS Room 404 **Fee:** \$20

Paper Mill Tour - 1 Session

Tour the Mosinee location of the Ahlstrom Paper Mill, a leading employer in Mosinee for over 100 years. This walking tour will take you inside the facility and teach you the papermaking process.

***Registration required. Maximum of 30. Minimum age of 12 years old, must be accompanied by an adult.**

Wear closed toe shoes, no shorts, no jewelry. All PPE will be provided. Enter at the visitor entrance.

Date: Thursday, April 24

Time: 2:00pm - 4:00pm

Location: Ahlstrom Paper Mill **Fee:** Free

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, April 26

Time: 9:00am - 10:00am

Location: MES Gym **Fee:** \$10

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for all levels. Modify movements to fit your abilities.

***Payment collected at class.**

Date: Saturday, May 3

Time: 9:00am - 10:00am